

Fresh, Healthy, Good Food
Every Day!



May 2017 K-12 Breakfast Menu

this institution is an equal opportunity provider

Week 1	Monday, May 01, 2017	Tuesday, May 02, 2017	Wednesday, May 03, 2017	Thursday, May 04, 2017	Friday, May 05, 2017
	Choice Assorted Cereal (1 comp) Box of Raisins or Fruit (1 comp) 100% Real Fruit Juice Box (1 comp) Choice of Milk (1 comp)	Cereal Bar Grab Bag (3 comp) Box of Raisins or Fruit (1 comp) Choice of Milk (1 comp)	Large Breakfast Fred (2 comp) Box of Raisins or Fruit (1 comp) 100% Real Fruit Juice Box (1 comp) Choice of Milk (1 comp)	**Cereal Bowl Grab Bag (3 comp) Box of Raisins or Fruit (1 comp) Choice of Milk (1 comp)	WG Stuffed Bagel (2 comp) Box of Raisins or Fruit (1 comp) 100% Real Fruit Juice Box (1 comp) Choice of Milk (1 comp)
	* Chef's Choice w/Juice May Be Offered"	* Chef's Choice Daily May Be Offered*	* Chef's Choice Daily May Be Offered*	* Chef's Choice Daily May Be Offered*	* Chef's Choice Daily May Be Offered*
Week 2	Monday, May 08, 2017	Tuesday, May 09, 2017	Wednesday, May 10, 2017	Thursday, May 11, 2017	Friday, May 12, 2017
	Apple Cinnamon Muffin (2 comp) Box of Raisins or Fruit (1 comp) 100% Real Fruit Juice Box (1 comp) Choice of Milk (1 comp)	Cereal Bar Grab Bag (3 comp) Box of Raisins or Fruit (1 comp) Choice of Milk (1 comp)	WG French Toast Snack Bread (1 comp) Box of Raisins or Fruit (1 comp) 100% Real Fruit Juice Box (1 comp) Choice of Milk (1 comp)	**Cereal Bowl Grab Bag (3 comp) Box of Raisins or Fruit (1 comp) Choice of Milk (1 comp)	WG Cinnamon Roll (2 comp) Box of Raisins or Fruit (1 comp) 100% Real Fruit Juice Box (1 comp) Choice of Milk (1 comp)
	* Chef's Choice w/Juice May Be Offered"	* Chef's Choice Daily May Be Offered*	* Chef's Choice Daily May Be Offered*	* Chef's Choice Daily May Be Offered*	* Chef's Choice Daily May Be Offered*
Week 3	Monday, May 15, 2017	Tuesday, May 16, 2017	Wednesday, May 17, 2017	Thursday, May 18, 2017	Friday, May 19, 2017
	Fred Breakfast Round (1.5 comp) Box of Raisins or Fruit (1 comp) 100% Real Fruit Juice Box (1 comp) Choice of Milk (1 comp)	Cereal Bar Grab Bag (3 comp) Box of Raisins or Fruit (1 comp) Choice of Milk (1 comp)	WG Apple Breakfast Bun (2 comp) Box of Raisins or Fruit (1 comp) 100% Real Fruit Juice Box (1 comp) Choice of Milk (1 comp)	**Cereal Bowl Grab Bag (3 comp) Box of Raisins or Fruit (1 comp) Choice of Milk (1 comp)	WG Stuffed Bagel (2 comp) Box of Raisins or Fruit (1 comp) 100% Real Fruit Juice Box (1 comp) Choice of Milk (1 comp)
	* Chef's Choice w/Juice May Be Offered"	* Chef's Choice Daily May Be Offered*	* Chef's Choice w/Juice May Be Offered"	* Chef's Choice Daily May Be Offered*	* Chef's Choice Daily May Be Offered*
Week 4	Monday, May 22, 2017	Tuesday, May 23, 2017	Wednesday, May 24, 2017	Thursday, May 25, 2017	Friday, May 26, 2017
	WG Unglazed Donut (2 comp) Box of Raisins or Fruit (1 comp) 100% Real Fruit Juice Box (1 comp) Choice of Milk (1 comp)	Cereal Bar Grab Bag (3 comp) Box of Raisins or Fruit (1 comp) Choice of Milk (1 comp)	WG Choc-Choc Chip Mini Muffin (1 comp) Box of Raisins or Fruit (1 comp) 100% Real Fruit Juice Box (1 comp) Choice of Milk (1 comp)	**Cereal Bowl Grab Bag (3 comp) Box of Raisins or Fruit (1 comp) Choice of Milk (1 comp)	WG Breakfast Bun (2 comp) Box of Raisins or Fruit (1 comp) 100% Real Fruit Juice Box (1 comp) Choice of Milk (1 comp)
	* Chef's Choice w/Juice May Be Offered"	* Chef's Choice Daily May Be Offered*	* Chef's Choice Daily May Be Offered*	* Chef's Choice Daily May Be Offered*	* Chef's Choice Daily May Be Offered*
Week 5	Monday, May 29, 2017	Tuesday, May 30, 2017	Wednesday, May 31, 2017	Thursday, June 01, 2017	Friday, June 02, 2017
	WG Cinnamon Roll (2 comp) Box of Raisins or Fruit (1 comp) 100% Real Fruit Juice Box (1 comp) Choice of Milk (1 comp)	Cereal Bar Grab Bag (3 comp) Box of Raisins or Fruit (1 comp) Choice of Milk (1 comp)	WG Lemon Poppysseed Muffin (1 comp) Box of Raisins or Fruit (1 comp) 100% Real Fruit Juice Box (1 comp) Choice of Milk (1 comp)		
	* Chef's Choice w/Juice May Be Offered"	* Chef's Choice Daily May Be Offered*	* Chef's Choice Daily May Be Offered*		

Menu is subject to infrequent change

Questions? Call 651-453-1136 or visit our website at www.ckcgoodfood.com

Skim Milk choices offered daily