

Fresh, Healthy, Good Food  
Every Day!



this institution is an equal opportunity provider

January 2018 PSA 9-12th Lunch Menu

Week 2	Monday, January 1, 2018	Tuesday, January 2, 2018	Wednesday, January 3, 2018	Thursday, January 4, 2018	Friday, January 5, 2018
<b>Hot Lunch</b>	<b>Buffalo Chicken Nuggets</b> Ketchup Salad Bar Atomic Cheez-its Chilled Pears, Juice	<b>Hmong Sausage w/Pepper Sauce</b> <b>Seasoned Rice</b> Salad Bar Banana, Juice	<b>Spicy Meatball Sub</b> Munchies Salad Bar Fresh Seasonal Apple, Juice	<b>Hmong Chicken</b> Steamed Rice Salad Bar Banana, Juice	<b>Fresh Hot Delivered Pizza Hut</b> Salad Bar Fresh Seasonal Apple, Juice <b>Scooby Doo Graham</b>
<b>Vegetarian Sandwich Deli Salad</b>	<b>Veggie Burger</b> Turkey or Cheese Bun Grilled Chicken Caesar	<b>Grilled Cheese Sandwich</b> Curry Chicken Wrap or Cheese Bun Grilled Asian Chicken Salad	<b>Bean &amp; Cheese Burrito</b> Grilled Latin Chicken Bun or Cheese Bun Grilled Chicken Southwest Taco	<b>Egg &amp; Cheese Sandwich</b> Grilled Grecian Chicken Bun or Cheese Bun Grilled Bistro Chicken Salad	<b>Pizza Hut Cheese Pizza</b> Turkey Cheese Bun or Cheese Bun Grilled Chicken Power Salad
Week 3	Monday, January 8, 2018	Tuesday, January 9, 2018	Wednesday, January 10, 2018	Thursday, January 11, 2018	Friday, January 12, 2018
<b>Hot Lunch</b>	<b>Old Fashioned Hamburger</b> Ketchup Cheddar Goldfish Salad Bar Chilled Peaches, Juice	<b>Mild Chicken Nachos</b> Golden Tortilla Chips Salad Bar Banana, Juice <b>Elf Grahams</b>	<b>Soft Shell Beef Taco</b> Cheese, Cilantro & Salad Bar <b>Tortilla Chips</b> Fresh Seasonal Apple, Juice	<b>Asian Buffalo Chicken</b> <b>Steamed Rice</b> Salad Bar Banana, Juice	<b>Beef Pho</b> Dinner Roll Salad Bar Fresh Seasonal Apple, Juice ABC Crackers
<b>Vegetarian Sandwich Deli Salad</b>	<b>Veggie Sausage Patties</b> Turkey Bun & Cheese Bun Grilled Chicken Caesar	<b>Mac &amp; Cheese</b> Chicken No Nut Pesto Wrap & Cheese Bun Grilled Asian Chicken Salad	<b>Hot Stuffed Cheese Pizza Croissant</b> Grilled Chutney Glazed Chicken Bun & Cheese Bun Grilled Chicken Southwest Taco	<b>Cheese Pizza Quesidilla</b> Grilled Taco Chicken Bun & Cheese Bun Grilled Bistro Chicken Salad	<b>WG Mozzarella Twist Breadstick &amp; Marinara</b> Mild Chicken Buffalo Wrap & Cheese Bun Grilled Chicken Power Salad
Week 4	Monday, January 15, 2018	Tuesday, January 16, 2018	Wednesday, January 17, 2018	Thursday, January 18, 2018	Friday, January 19, 2018
<b>Hot Lunch</b>	<b>Buffalo Chicken Nuggets</b> Yowza Sauce Munchies Salad Bar Chilled Pears, Juice	<b>LEEANN CHIN</b> House Special Chicken <b>Steamed Seasoned Rice</b> Salad Bar Banana, Juice & Chocolate Gripz	<b>Chicken Laub</b> Dinner Roll Salad Bar Fresh Seasonal Apple, Juice <b>Elf Grahams</b>	<b>Hmong Sausage w/Pepper Sauce</b> Seasoned Rice Salad Bar Banana, Juice	<b>Fresh Hot Delivered Pizza Hut</b> <b>Garden Salsa Sun Chips</b> Salad Bar Fresh Seasonal Apple, Juice
<b>Vegetarian Sandwich Deli Salad</b>	<b>Grilled Cheese</b> Turkey Bun or Cheese Bun Grilled Chicken Caesar	<b>Hot Stuffed Cheese Pizza Croissant</b> Greek Chicken Wrap or Cheese Bun Grilled Asian Chicken Salad	<b>Bean &amp; Cheese Burrito</b> Grilled Chicken Salsa Bun or Cheese Bun Grilled Chicken Southwest Taco	<b>Black Bean Veggie Burger Sandwich</b> Grilled Herb Chicken Bun or Cheese Bun Grilled Bistro Chicken Salad	<b>Pizza Hut Cheese Pizza</b> Turkey Cheese Bun or Cheese Bun Grilled Chicken Power Salad
Week 5	Monday, January 22, 2018	Tuesday, January 23, 2018	Wednesday, January 24, 2018	Thursday, January 25, 2018	Friday, January 26, 2018
<b>Hot Lunch</b>	<b>Golden Chicken Patty Sandwich</b> Pickles & Mayo Funyuns Salad Bar Chilled Pears, Juice	<b>Beef Pad Thai</b> Dinner Roll Salad Bar Banana, Juice WG Chocolate Chip Gripz	<b>All Beef Hot Dog w/Cheese</b> Bun, Cheddar Cheese, Ketchup & Mustard <b>Atomic Cheez-Its</b> Salad Bar Fresh Seasonal Apple, Juice	<b>Curry Chicken</b> <b>Steamed Rice</b> Salad Bar Banana, Juice	<b>Beef Pho</b> Dinner Roll Salad Bar Fresh Seasonal Apple, Juice ABC Crackers
<b>Vegetarian Sandwich Deli Salad</b>	<b>Egg &amp; Cheese Muffin Sandwich</b> Turkey Bun or Cheese Bun Grilled Chicken Caesar	<b>WG Mozzarella Twist Breadstick &amp; Marinara</b> Chicken Craisin Wrap or Cheese Bun Grilled Asian Chicken Salad	<b>Cheese Enchilada w/Cheese</b> Grilled Sesame Chicken Bun or Cheese Bun Grilled Chicken Southwest Taco	<b>Grilled Cheese Sandwich</b> Grilled Southwest Chicken Bun or Cheese Bun Grilled Bistro Chicken Salad	<b>Hot Stuffed Cheese Pizza Croissant</b> Grilled Chicken Caesar Wrap or Cheese Bun Grilled Chicken Power Salad
Week 6	Monday, January 29, 2018	Tuesday, January 30, 2018	Wednesday, January 31, 2018	Thursday, February 1, 2018	Friday, February 2, 2018
<b>Hot Lunch</b>	<b>Asian Chicken Drummy</b> Seasoned Rice Salad Bar Chilled Pears, Juice Vanilla Wafer	<b>Hmong Curry Noodles</b> Pepper Sauce <b>Dinner Roll</b> Salad Bar Banana, Juice	<b>Hmong Sausage</b> <b>Seasoned Rice</b> Salad Bar Fresh Seasonal Apple, Juice		
<b>Vegetarian Sandwich Deli Salad</b>	<b>Bean &amp; Cheese Burrito</b> Turkey or Cheese Bun Grilled Chicken Caesar	<b>Veggie Sausage Patties</b> Grilled Citrus Chicken Bun or Cheese Bun Grilled Asian Chicken Salad	<b>Grilled Cheese Sandwich</b> Honey Mustard Chicken Wrap or Cheese Bun Grilled Chicken Southwest Taco		

Menu is subject to infrequent change

Questions? Call 651-453-1136 or visit our website at [www.ckcgoodfood.com](http://www.ckcgoodfood.com)

Skim & 1% Milk choices offered daily